

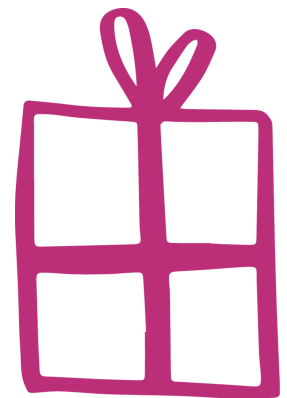
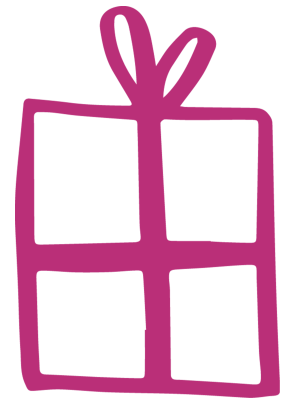
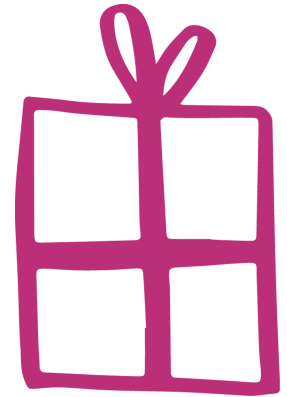
CARE PACKAGE PARTY CHECKLIST

WHAT YOU NEED:

- Invitations - send them about 4 weeks in advance
- Boxes - free flat rate shipping boxes from the post office
- Food - keep it simple with a couple of appetizers and a dessert
- Drinks - plenty of wine, of course!
- Tissue paper or crinkle filling for the boxes
- Stickers to decorate the inside flaps of the boxes
- Plates/napkins/forks
- A card (something printed on card stock works) - have all the moms sign it with some colorful pens

IDEAS FOR YOUR CARE PACKAGE:

- Candy: Smarties and Nerds are fun, mints are supposed to help with memory and concentration, gum
- Snacks: Smartfood popcorn (of course!), nuts, trail mix, snack mix, microwave popcorn, Rice Krispie treats
- Microwave food for a late night snack, like Cup of Noodles and Mac and Cheese
- Coffee pods or instant coffee packets; tea; individual drink mix packets
- Gift cards to grab a quick dinner or snack when they're out studying
- Stress balls, bubble wrap, fidget spinners
- Tylenol
- Fuzzy socks or slippers
- A new water bottle to stay hydrated
- Extra school supplies for studying, like highlighters and Post-its
- A thoughtful card to encourage them through this stressful exam time



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